



The Church of the Evangelists (Anglican), Tottenham  
**FEBRUARY & MARCH**  
**SUNDAY SCHOOL NEWSLETTER**



As you may have noticed, this is a combined newsletter for both February and March.



Jesus Prays in the Garden  
John 17:1-26

Colour Me!

**SEASONS OF THE CHURCH**

The “**Season of Lent**” (Feb. 22 – Apr. 7) begins on Ash Wednesday, which is February 22<sup>nd</sup>. Lent lasts for 40 days (does NOT include Sundays) and ends on Holy Saturday (Sat. April 7<sup>th</sup>). The forty days of Lent represent the forty days of the fasting and temptation of Christ.



Many people give up something for Lent as a reminder of the season. Others take this time to pray more, study the teachings of Jesus and prepare themselves for the celebration of the Resurrection.

Next Newsletter: Holy Week and Easter

How will you prepare during the season of Lent?

**BAPTISM**

We have read in the Bible (Matthew 3:13-17) how Jesus was baptized. Although Jesus' baptism is not part of the Lenten story itself, it is the first public acknowledgement of Jesus as the Son of God, the Messiah.



In March, our Sunday School will be celebrating a very special baptism. Our very own, Tanisha, will be baptized on Sun. March 25<sup>th</sup>, which also happens to be her 13<sup>th</sup> birthday!!! We are all very excited for Tanisha!

**VOLUNTEERING**

As everyone knows, volunteering is very important. Many of the services we have in our community would not be available if it weren't for the dedicated volunteers who make it possible.



Some of our Sunday School children (Tyler, Sami, Crystal, Jake, Nicholas & Olivia) will be volunteering at the upcoming Pancake Supper on Feb. 21<sup>st</sup>. Thank you for volunteering - we are proud of you!

**HISTORY of the HOT CROSS BUN**

Hot cross buns are typically eaten on Good Friday and during Lent. There are many stories about the origins of the Hot Cross Bun. Yet, the common thread throughout is the symbolism of the "cross" of icing which adorns the bun itself.

Some say that the origin of the Hot Cross Bun dates back to the 12th century, when an Anglican monk was said to have placed the sign of the cross on the buns, to honour Good Friday, a Christian holiday also known as the Day of the Cross. Supposedly, this pastry was the only thing permitted to enter the mouths of the faithful on this holy day.

**Next Newsletter:**  
★ Easter Celebrations ★ Vacation Bible School Info ★

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